2025 AHA CPR/ECC Guidelines Quick Summary

Here are some important changes introduced:



Compression-Ventilation

Prioritize high-quality compressions; trained rescuers add timely breaths, especially for drowning or suspected opioid cases.

2 Children's Depth

Compress 1/3 chest depth, not exceeding 2.4 in (6 cm).



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3 Infant Technique

Single rescuer: two-finger compressions; **Two rescuers:** thumb-encircling.

AED for Kids/Infants

Apply ASAP (infants included); use pediatric pads/mode when available.





Opioid Response

Include naloxone; support breathing and continue CPR per protocol.